


Nourishing the Flame



Lisgar Collegiate Institute

29 Lisgar Street | Ottawa, Canada

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March 6, 2023 



Alere Flamamm - the Lisgar Alumni Association newsletter

The Lisgar Alumni Association promotes and celebrates the traditions of Lisgar Collegiate Institute by assisting the former students and faculty in maintaining linkages with their past, with each other, and with the current students and faculty. One of the ways they foster these connections is through the publication of their newsletter *Alere Flamamm*. You can check out the latest edition by clicking [here](#).

Learn more about the Association's activities and become a member by visiting their [website](#).

Black Student Voices: A Look at Mental Health and the Education System

Black365 Student Union in collaboration with the OCDSB's Youth Action Committee presents a panel discussion highlighting the lived experiences of student mental health in the Black community. Join the discussion to hear stories of strength, hope, and resilience!



Event takes place on Google Meet → March 7 from 3:30-5:00pm.

Google Meet nickname: **studentvoices**.

(You must log-in using your OCDSB account.)

Cambridge Dedicated Teacher Awards

All around the world teachers do fantastic work. They don't just teach a curriculum – they instill values, encourage, support, befriend and truly impact the lives of their students and colleagues. The Cambridge Dedicated Teacher Awards are a global competition in which you can nominate a current teacher for something wonderful they have done.

To learn more, and to access the nomination page, [click here](#).



Conference for Parents/Caregivers of Black Children

→ March 25 (time TBD) at Brookfield High School

In partnership with Parents for Diversity, the OCDSB will host a conference for parents/caregivers of Black children on navigating the school system and advocating for school success. This will take place on **Saturday March 25th (time TBD) at Brookfield High School** (824 Brookfield Road). Start time and other details will be posted on the [OCDSB website](#) in the coming days.

Cross-Boundary Transfers

If you know someone who is interested in attending Lisgar Collegiate Institute but they live outside of the school's attendance boundary, they may be eligible for a cross-boundary transfer. For information about eligibility, and to submit an online transfer application, please visit [this webpage](#). Although the application window for September admission has closed, late applications can still be considered.

Mayor for a Day Contest

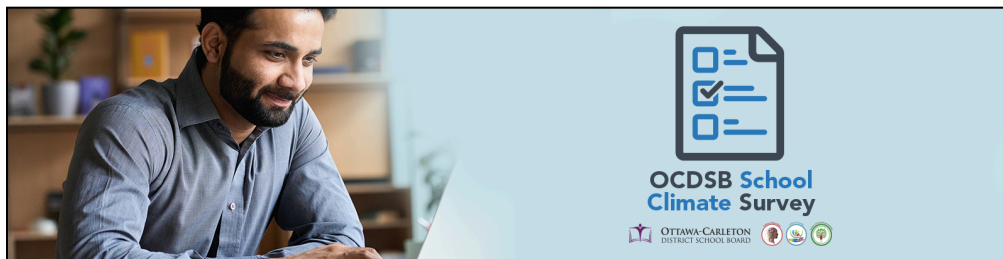
The Mayor for a Day contest is a unique and exciting opportunity to engage local youth from around the city on municipal politics and civic issues. The contest is a product of collaboration between Youth Ottawa, the City of Ottawa, and our Ottawa Youth Engagement Committee (OYEC). Ottawa high school students in Grades 9 to 12 are invited to apply by outlining their vision for Ottawa over the next 50 years, for their chance to experience a day with Mayor Mark Sutcliffe! [Click here](#) to access the application form.



Parent-Teacher Interviews: March 21, 2023

Please save March 21st, 4:00-7:30pm for our Semester 2 Parent-Teacher Interviews. Parents and guardians will be welcome to book in-person or virtual interviews. We'll send more details and a link to our appointment booking tool in the coming weeks.

Parent/Caregiver School Climate Survey



The OCDSB Parent/Caregiver School Climate Survey is a voluntary and anonymous online survey for parents, guardians, and caregivers of students in Kindergarten to Grade 12. The purpose of the survey is to give parents, guardians and caregivers an opportunity to provide feedback about their family's and their child's experiences with the school.

You can complete the survey online using [this link](#) from March 1st to March 24th or by using the QR code above. If you wish to complete a paper version of the survey, PDF copies are available on the [school climate webpage](#) for printing or you may contact the Main Office for a copy. Please return the completed surveys to your school by the deadline above.



Prom for the Class of 2023

The 2023 prom has been set for **Friday June 16, 2023** and will take place at the National Arts Centre. Details on ticket sales and fundraising efforts will be shared by your Prom Committee shortly.

Prom Dresses

Graduating high school students who are unable to purchase their own prom attire are welcome to attend Fairy Godmother's boutique days. To date, they have dressed more than 1500 Ottawa area girls for their high school prom! Fairy Godmother Ottawa's ultimate goal is to have a positive influence on students by helping them to celebrate their accomplishments alongside their peers on prom night.

Do you need a prom dress? Free, gently-used prom dresses are available on a first-come, first-served basis.

April 17, 2:00-8:00pm and April 18, 2:00-7:00pm
Confederation Education Centre (1645 Woodroffe Ave)

Book your appointment online at fairygodmotherottawa.com



Stanford University Qualia Global Scholars Summer Program

Qualia Global Scholars is a selective, four-week, online academic enrichment summer program organized by Stanford University undergraduate and graduate students for talented high school students with diverse interests and backgrounds. This program is designed to inspire and empower pre-university students by connecting them with world-class mentors from Stanford University. For more information, and to access the application form, please [click here](#).

Supporting Trans and Gender-Diverse Youth

→ March 29 @ 7:00pm (virtual webinar)

Are you a parent or caregiver to a trans, gender-diverse, or questioning youth? Do you feel worried about the future, or have questions about how to best support them? Has your child encountered barriers at school?

OCDSB parents and caregivers are invited to join OCDSB staff for a webinar on *Supporting Trans and Gender Diverse Children and Youth* with **Kaeden Seburn**, MSW. To register for this event, please [click here](#).

Yale International Relations Leadership Institute (YIRLI)

This year, YIRLI will take place on Yale's campus from August 6-11, 2023, allowing students to take part in phenomenal international relations lessons and Model United Nations challenges, innovate with peers on global problems, develop public speaking and leadership skills, hear from inspiring Yale professors, interact with Yale students who serve as mentors, conduct meaningful research, and draft policy proposals. Learn more and access the application form [here](#).





The next School Council meeting is Tuesday March 7@ 7:00pm. You can join us in person at the School Library or online via [Google Meet](#). If you join virtually, please ensure your profile states your name so we can capture your participation in the subsequent minutes. You can sign up for more detailed monthly updates from the School Council by contacting sc-lisgar@ocdsb.ca - Phillip Rennison, School Council Chair 2022/23

Did you know...

Lisgar Collegiate Institute celebrated its 100th anniversary in 1943. A massive celebration took place at the Château Laurier and the dinner menu included a *Supreme of Fruit Centennial*, *Cream of Vegetable Lisgar Soup*, *Roast Capon Alere Flammam*, *Grammar School Cakes*, and *Collegiate Coffee*. Today, Lisgar carries on the tradition of culinary excellence with a thriving Family Studies program and a Specialist High Skills Major program in Hospitality. Learn more about these programs by speaking with your Guidance Counsellor.



☀️ **Reminder: March Break is March 13-17, 2023** ☀️

Community News

Gloucester Hornets Soccer Club: Volunteer and Paid Opportunities

The Gloucester Hornets Soccer Club is looking for students who are interested in coaching some of their teams this summer. They offer volunteer and paid coaching positions and provide coaching courses and certification. More information can be found [here](#). If you have any questions, please do not hesitate to contact **Katie Campeau**, Administrative Lead for the Hornets (admin@oghornets.ca)